



A FRESH PERSPECTIVE

ON THE LIGHTHOUSE – MEMORY CARE AT PENROSE HARBOR



PROGRESSIVE

- A welcome departure from the typical institutional-style setting
- Innovative home-like design with all-private suites and private baths
- Fresh, new living spaces and beautifully landscaped, secure courtyard



UPLIFTING

- Focused on creating positive experiences for residents
- Individualized activities specifically designed for those with memory loss
- Days structured around each resident's personal wants/needs; no set schedule



CONFIDENT

- Industry leading staff-to-resident ratio
- Personal, compassionate, dignified care by highly specialized Memory Care staff

START HERE

- Personal guidance from Penrose Harbor staff
- Pre-admission assessment by qualified assessor
- Thorough intake involving future resident, family members and physician



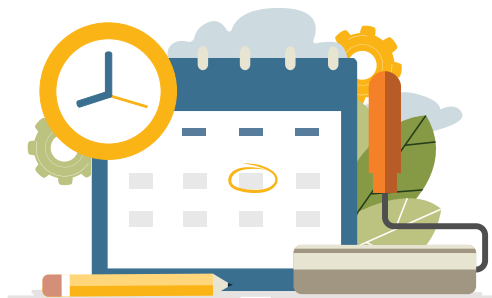
PLAN THE MOVE

- Schedule move-in
- Decide on personal items to bring



MAKE CHOICES

- Select a private, fully furnished suite
- Discuss daily routine preferences, likes and dislikes
- Discuss activity preferences with life enrichment group



MOVE IN!

- Staff welcomes resident in a comfortable, low-stress manner
- Family members personalize suite with photos and important items to make it feel like home

WHAT DOES MEMORY CARE AT PENROSE HARBOR INCLUDE?



PRIVATE SUITE

- Private bathroom
- Fully furnished
- Choice of suite in the memory care neighborhood

INDIVIDUALIZED CARE PLANS

- Designed to meet unique needs of each resident

24-HOUR NURSING STAFF

MEDICATION MANAGEMENT

ASSISTANCE WITH DAILY ACTIVITIES AS NEEDED

- Dressing and grooming
- Bathing/showering and personal hygiene
- Cues and re-direction

CHEF-PREPARED MEALS

- 3 meals/day, plus nutritious snacks throughout the day
- Physician-ordered diets available
- Delicious and nutritious menu prepared with fresh ingredients

SPECIALIZED MEMORY CARE PROGRAMS

- Book clubs
- Genealogy
- Lifelong learning
- Bible study
- Gardening
- Veterans groups
- Baking
- Writing
- Music & Memory®
- Reminisce

SECURE MEMORY CARE NEIGHBORHOOD WITH SECURE OUTDOOR COURTYARD

ON-SITE HEALTH CARE SERVICES

- Health clinic
- Continuum of care, including skilled nursing care and hospice
- Physical, occupational and speech therapy

PERSONAL LAUNDRY SERVICE

WEEKLY HOUSEKEEPING

SALON AND SPA

ONGOING STAFF TRAINING AND SUPPORT

“

There's not a night that goes by that I don't say, 'Lord, bless them all, protect them all, keep them safe, whatever they're asking you for.' They have made our lives and my mother's life so much better. She's safe. She's happy. And it's the best place on earth. I would recommend it to anyone.”

—Tracey W., daughter of Memory Care resident

“

My mother-in-law worked at a bank, and she was one of those people that her shoes, her purse and her scarf matched every day. That's just the way she was. And that's the way they take care of her at Penrose Harbor. She always looks nice. The wonderful staff treats her with so much dignity and respect. It's like she's part of their family.”

—Benita B., daughter-in-law of Memory Care resident



PET FRIENDLY

AT HERON'S KEY

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